

Rethinking Psychiatry 2012 Winter Film Festival



Presented at The First Unitarian Church of Portland • 1101 SW 13th • Portland, OR

\$5 - \$15 Donation Requested • No one turned away for lack of funds • Complementary Popcorn and Healthy Drinks Provided

Please join us for this opportunity to share, discuss, and celebrate ideas and information concerning Mental Health through an array of films chosen and presented by six different organizations advocating for and supporting mental wellness in our society.

Friday, January 20, 6:30 - 9:00 PM, Buchan Reception Hall

“As Good As It Gets” (1997)

Sponsored by Maitripa College: Discussion led by Don Polevacik

This is a romantic comedy starring Jack Nicholson as a misanthropic, obsessive-compulsive novelist, Helen Hunt as a single mother with an asthmatic son, and Greg Kinnear as a gay artist. When Melvin's (Nicholson) neighbor Simon is hospitalized, Melvin is forced to baby-sit Simon's dog. This is the beginning of a transformation that leads to friendship, compassion, understanding, and love. Both Jack Nicholson and Helen Hunt won Academy Award Best Actor and Best Actress due to their stunning performances in this thought-provoking movie.

Friday, January 27, 6:30 - 9:00 PM, Fuller Hall

“Blue Sky” (1994)

Sponsored by FolkTime: Discussion led by FolkTime Executive Director, Tom Brady

This film is about a military family with an Army officer husband, and a beautiful, flirtatious wife who's behavior throws others off track, including their two daughters. In the end it is the unpredictable wife who must come to the aid of her husband who has been hospitalized in a psychiatric facility due to his non-compliance with military commands and politics. Directed by Tony Richardson, the film stars Jessica Lange and Tommy Lee Jones.

Friday, February 3, 6:30 - 9:00 PM, Buchan Reception Hall

“Diagnostic & Statistical Manual - Psychiatry's Deadliest Scam”

Sponsored by Citizen's Commission on Human Rights

Discussion led by Ron Hatteberg, Executive Director, Oregon Chapter, CCHR

Its influence pervades all aspects of modern society: our governments, our courts, our military, our media and our schools. Using it, psychiatrists can enforce psychiatric drugging, seize your children and even take away your most precious personal freedoms. Is there any proof behind the DSM's 374 mental “disorders”? Or is it nothing more than an elaborate pseudoscientific sham, driving a \$330 billion psychiatric industry?

For More Information and to Sign our “Public Petition for a Safe and Scientifically Sound DSM-5,” see RethinkingPsychiatry.org

Friday, February 10, 6:30 - 9:00 PM, Fuller Hall

PORTLAND PREMIER



“Crooked Beauty” and “Care Farms of the Netherlands”

Sponsored by MindFreedom International: Discussion led by C.J. Lince, Social Activist, Psychiatric Survivor and Portland State University Student

“Crooked Beauty” is a deeply moving first person account of one individual’s experience of bipolar disorder, her courageous navigation of the “space between brilliance and madness,” and her transformative path towards wellness, insight and integration. This poetic documentary chronicles artist-writer Jacks McNamara’s transformative journey from psych ward inpatient to pioneering mental health advocate; a story of creativity, inspiration and hope.

“Care Farms of the Netherlands” is a new film presenting a growing movement that combines agricultural production with mental health, social and educational services. This beautiful and inspiring film visits several of more than 1000 farms and 11,000 clients that are participating in this exciting and innovative program which began in 1998 with only a handful of farms.

Friday, February 17, 6:00 - 9:00 PM, Buchan Reception Hall

“Open Dialogue: An Alternative, Finnish Approach to Healing Psychosis”

Sponsored by Portland Hearing Voices

Discussion led by Will Hall, Director of Portland Hearing Voices

Finland once boasted some of Europe’s poorest outcomes for schizophrenia, but today has the best recovery results in the world. They turned their system around with an approach called **“Open Dialogue”**, which meets clients in crisis immediately and often daily until the crises are resolved, avoiding hospitalization and its consequential stigma, and preferring to meet in the homes of those seeking their services. They avoid the use of anti-psychotic medication wherever possible and work in groups, because they view psychosis as a problem involving relationships.

Friday, February 24, 6:30 - 9:00 PM, Buchan Reception Hall

“Inside Outside” and “Walking in Recovery”

Sponsored by Mental Health America of Oregon

Discussion led by Beckie Child, Director of Mental Health America of Oregon

“Inside Outside: Building a Meaningful Life After the Hospital” carries the hopeful message that recovery and life in the community are possibilities. Audiences cheer as they follow the lives of 8 people with significant histories of institutionalization who make their journey from inside nursing homes and psychiatric hospitals to full community inclusion on the outside.

“Walking in Recovery” conveys to viewers that recovery from a mental health issue is not only possible, but happening every day. The video includes the real-life stories of people of different ages, all living in the state of Washington and relaying important messages about self-realization, resiliency, meaning and purpose in one’s life, and the power of support from peers, family, health professionals and the wider community.