

# Rethinking Psychiatry & Chitari Collaborative Health Foundation

## Call for Presentations

### Third Annual Symposium:

### *Healing Hearts, Minds and Bodies...Keys to Emotional and Mental Wellbeing and Pathways to Get There*

May 16 and 17, 2014, at the First Unitarian Church of Portland, Rethinking Psychiatry will hold its third annual Symposium in collaboration with Chitari Collaborative Health Foundation. The symposium will be an inclusive forum for mind-body and mental health professionals, individuals and organizations seeking to learn more about holistic and integrative mind-body treatment options and services for mental and emotional well-being. *World leader in mind-body medicine, Complementary and Alternative Medicine, and psychological trauma and healing, Dr. James Gordon, MD, will be our keynote speaker. His seminal model for holistic healing from depression, Unstuck, will be the subject of his keynote address. Dr. Gordon will also provide continuing education offerings at the symposium.*



James S. Gordon, MD, a Harvard educated psychiatrist, is a world-renowned expert in using mind-body medicine to heal depression, anxiety, and psychological trauma. He is the Founder and Director of The Center for Mind-Body Medicine; a Clinical Professor in the Departments of Psychiatry and Family Medicine at Georgetown Medical School. He has served as Chairman of the White House Commission on Complementary and Alternative Medicine Policy, and as the first Chair of the Program Advisory Council of the National Institutes of Health's Office of Alternative Medicine. He is a former member of the Cancer Advisory Panel on Complementary and Alternative Medicine of the NIH.

**This symposium will build community in the Portland area in this ever deepening field of mind-body health. Presenters will share best practice information on the physiologic, chemical, psychological and societal factors influencing mental and emotional wellbeing, as well as holistic strategies to reach optimum health.**

In addition to professional continuing education updates from professionals in this field, the symposium brings together the voices of those who have experienced challenges with our current mental health system, those who have questions about the options for care and support, and those who have found solutions and support from any variety of pharmaceutical, psychotherapeutic and complementary and alternative approaches to wellness. There will be time for networking with others and meeting with affinity groups.

#### Rethinking Psychiatry

Rethinking Psychiatry is a project of the Economic Justice Action Group of the First Unitarian Church. We are part of a larger movement working to improve mental health care and our mental health system. We receive no funding from, and do not promote any particular organization, government entity, corporation, or drug company.

#### Chitari Collaborative Health Foundation

We are an Oregon based 501(c)3 non-profit organization created to form both a virtual and physical collaborative health community that takes the best of western healthcare practices and blends them with valid science and evidence-based integrative and ancient world health practices to create a true system of complete health for the communities we serve.

## Presentation Proposal

Apply to present on a related topic in either workshop or panel format on Saturday, May 17, 2014 by completing the form below.

### **PROFESSIONAL CONTINUING EDUCATION PRESENTATIONS**

We are seeking presenters for professional continuing education credits (1-2 hr workshops), with priority given to presentations already approved for MD, ND, DC, DO, PsyNP, NP, LSW, MSW, Lac, LMT. Other accreditation credentials are welcome. Chitari Collaborative Health Foundation will assist in the application for conference CE for presentations meeting criteria.

Is your proposal intended for continuing education credit? \_\_\_\_\_ Yes \_\_\_\_\_ No

Is your proposal already approved for CE? \_\_\_\_\_ if so, for which credentials \_\_\_\_\_

### **COMMUNITY EDUCATION PRESENTATIONS**

We are seeking presenters who offer valid approaches and information to guide the public in the search for and understanding of holistic and integrative treatment of mental and emotional mind-body health. We are interested in a wide variety of topics including the impact of nutrition, diet, physical exercise, other lifestyle choices, and complementary and adjunctive treatments for optimizing mental, physical and emotional health.

Is your proposal appropriate for a general audience? \_\_\_\_\_ Yes \_\_\_\_\_ No

(proposals may be suitable for both professional and general audience)

**DEADLINE: To be considered for the symposium, please email this application by March 22, 2014 to [info@chitari.org](mailto:info@chitari.org).**

**Please contact Janet Baker, Executive Director, Chitari Collaborative Health Foundation with questions. She may be reached at [janet.baker@chitari.org](mailto:janet.baker@chitari.org) or Chitari at 971-245-2014.**

### **Contact Information: Guide**

**\*starred items will be published in our Symposium Program**

Name*	
Street Address*	
City, State, Zip Code*	
Contact Phone Number*	
E-Mail Address*	
Agency (optional)*	
Name(s) of co-presenter(s) (if any)*	
Are you willing to be interviewed by the press?	

**Presentation Proposal: 60-120 minute time blocks. Apply to give a presentation below.**

**Presentation Topic and Abstract**

Please provide a description of your presentation as an abstract below. If your proposal is accepted, all or part of this description will be published in our Symposium Program Guide. **Please include a one paragraph narrative of your proposed presentation.** Also include:

- What are the desired outcomes for participants?
- What is the format of your presentation?
- Do you have personal connections to the subject matter of your presentation?

**Equipment Needs and Format of Room**

What other needs do you have for your presentation? ☐ Open space for movement ☐ Plug-in for a laptop/other  
☐ Table for projector or TV ☐ Chairs Only ☐ Tables and Chairs ☐ Other (Please describe below)

### **Working with Other Applicants**

If we put you in touch with other applicants who are proposing the same or similar topic, would you be open to working together with them to create a group presentation, have a panel discussion, or facilitate questions from your audience? These collaborative group presentations would be limited to 2-3 presenters per topic.    ☐ Yes    ☐ No

### **Bio**

Please include a brief biography that we can include in our Symposium Program Guide.

Feel free to include links to websites and YouTube videos. Have you previously led a presentation like this?

Do you and/or your co-presenter(s) identify as a consumer/survivor or person with a mental health diagnosis? (Optional)

Please disclose funding sources and potential conflicts of interest here:

Please submit this application by email to: [info@chitari.org](mailto:info@chitari.org)

**by Saturday March 21, 2014**