

*Two days of immersion into the world of listening with
and speaking from the heart!*



Compassionate Listening Basics Intensive:

**Healing Our World from the Inside Out
Salem, Oregon*
January 9-10, 2016**

**Facilitators: Joanie Levine & Yehudah Winter
Assistant: Christine Gilman**

The Basic Intensive Workshop has been taught throughout the United States and on other continents for many years. The Yoga of Compassion requires constant practice - so, attendees are encouraged to join a monthly practice group in either Salem or Portland upon completing this course.

\$175-\$300 sliding scale
1 day \$100

(Saturday only okay if new to CL)
(Sunday only okay if already taken 1 day training)

Partial Work Trades Available

Pre-Register Now!

\$100 deposit to secure your space
PayPal to: alanyehudah@gmail.com

or

Send check made out to:
Compassionate Listening Oregon
to
Yehudah Winter
5707 NE 15th Ave
Portland, OR 97211

For more information: 503-287-8737

(*location sent with registration confirmation)

**The Five Core Practices of
Compassionate Listening are:**

- *Cultivating Compassion
- *Developing the Fair Witness
- *Respecting Self and Others
- *Listening with the Heart
- *Speaking from the Heart

Compassionate Listening is a powerful tool to help transform the energy of conflict into opportunities for understanding, intimacy at home, healthy relationships, productive teamwork and positive action.

Joanie & Yehudah have recently returned from teaching the basics of Compassionate Listening on a CL Delegation to Israel/Palestine. They have also led CL Trainings in Rwanda and Uganda. At home, they regularly facilitate trainings in Oregon and conduct monthly practice groups in Portland. They have provided numerous short introductions to CL, including to the Air Force National Guard and Mercy Corps. Yehudah is also a Resolutions Northwest and



Alternatives to Violence Facilitator.

Christine, a resident of Salem, travels often to share CL in Israel/Palestine and, as well, at Christian fellowships. She has taken the CL Advanced Training and is in the process of becoming a CL Facilitator.

[Compassionate Listening Project Events](#)

Compassionate Listening Oregon | 503-287-8737 | alanyehudah@gmail.com

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