## Rethinking \*/

## **Open Dialogue Part 2 - Skills:**

## A More Effective Approach to Mental Health Crisis



- Brief review of Open Dialogue
  Come with your questions
  Skill demos and practice
- How to apply to every day life and work
- $\circ$  No need to have been to first talk

Alita Markus comes back to follow up her November talk with a focus on Open Dialogue skills that can be useful clinically and in everyday life!



## WED, MAY 1 7 - 9 PM

Free Donations welcome \$0 - \$20 suggested

Montavilla United Methodist Church 232 SE 80th Avenue, Portland, OR 97215 🕉 www.RethinkingPsychiatry.org